

## Bed Sizes

Mattress Size	Imperial	Metric
Single	3'0" x 6'2"	920 x 1880mm
Single XL	3'0" x 6'8"	920 x 2030mm
King Single	3'6" x 6'8"	1070 x 2030mm
Double	4'6" x 6'2"	1350 x 1880mm
Queen	5'0" x 6'8"	1500 x 2030mm
King	5'6" x 6'8"	1650 x 2030mm
Super King	6'0" x 6'8"	1830 x 2030mm

One thing that's important to know when buying a bed - particularly if you're upsizing - is how well it's going to fit in your room. This guide tells you all the standard sizes.

One thing that's important to consider is growing children. Single and double beds are not as long as the other sizes, and may not be helping your teenager sleep. That's why the king single is in such demand nowadays.

Mattress heights vary from brand to brand and according to the technology they contain. Your Bedpost store can help you with heights.